



THE DISCOVERY
OF APULIA LAND
BETWEEN CULTURE AND GASTRONOMY

Puglia, Puglia, treasure chest of stories to discover, among the remains of a story that tells of myths, legendary figures and extraordinary figures lives who loved this land.
Puglia magic, restless, wild.
Puglia, the land of castles and ancient villages, artists and artisans, musicians and comedians.
Puglia to discover, to live, not to be forgotten.

InPugliatour organizes a 7-day tour among the most beautiful cities of Apulia. We will guide you through castles and monuments. We will take you into the exciting discovery stories and traditions, tastes and sounds.

Day 1 - WELCOME TO APULIA!

Reception in the afternoon with accommodation and dinner at the hotel and evening at leisure

Day 2 - FROM THE KITCHEN TO THE WHITE CITY

Breakfast at the hotel and moving at a farm for the first cooking lesson. The course includes the preparation of “bruschetta with cheese, cherry tomatoes and rocket salad and the preparation of “mashed beans “with all the trimmings.

Lunch will be in the farm, where guests will taste the dishes they prepared.

In the afternoon we will move to Ostuni, the White City. Guided tour of the old town, featuring the white houses after which Ostuni has been named The White City.

Tour and tasting at an oil mill and museum. Return to hotel and dinner.



Day 3 – FROM BAROQUE TO TRULLI

Breakfast at the hotel and moving to Martina Franca, known for its baroque architecture and Capital the Festival of Valle d'Itria. After seeing the Old Town we move in the countryside for Martina visit an agricultural farm adopting systems organic farming and breeding of cows Podolica The lunch will take place on a farm with products Farm.

In the afternoon transfer to Alberobello, Capital trulli and UNESCO site.

Return to hotel and dinner.



Day 4 – FROM THE KITCHEN TO CISTER- NINO

Breakfast at the hotel and moving at a farm for the second cooking class. The course includes the preparation of the lamb to with potatoes and rabbit with vegetables.

Lunch will be in the farm, where guests taste the dishes they prepared.

In the afternoon we will move in Cisternino who received over the years various tourist awards.

Afterwards, a visit at a winery with the production process and tasting.

Return to hotel and dinner.

Day 5 - BETWEEN THE CAVES AND SEA

Breakfast at the hotel and moving to visit the Caves of Castellana of unique across Italy and famous for the “ white cave “ . Then visit and tasting at a cheese factory, with a live show of cheese making.

Lunch at leisure

In the afternoon visit we will move in Polignano a Mare, the city of Domenico Modugno (Italian singer known for “Volare”), a beautiful seaside village with stunning cliffs that fall into the sea. The dinner will take place at a local restaurant the historical center of Cisternino.

Return to hotel



Day 6 - FROM THE KITCHEN TO “ CUMMERSE OF LOCOROTONDO “

Breakfast at the hotel and moving at a farm for the third cooking class. The course includes the preparation the “orecchiette” (pasta) with meatballs. Preparation of meatballs and orecchiette with sauce of veal or vegetables (turnip tops). Lunch will be in the farm, where guests taste the dishes they prepared.

In the afternoon we travel to Locorotondo famous for its historic center with roofs “ Cummerse “. Return to hotel and dinner.

Evening at leisure

Giorno Day 7 – FAREWELL

Prima Breakfast. farewell and departure

1. Giorno	Bus GT	<ul style="list-style-type: none"> • Arrival and accomodation in hotel • Dinner in hotel and evening at leisure 	Dinner Overnight
2. Giorno Ostuni	Bus GT	<ul style="list-style-type: none"> • Breakfast in hotel • Movin at a farm fort he first cooking lesson. The course includes the preparation of „ bruschetta „ with cheese, cherry tomatoes and rocket salad and the preparation of „ mashed beans „ with all the trimming. Lunch will be in the farm, where guest will taste the dishes they prepared. • In the afternoon we will move to Ostuni, the white city. Guided tour oft he old town. Tour and tasting at an oil mill and museum. • Dinner in hotel and evening at leisure 	Breakfast Lunch Dinner Overnight
3. Giorno Martina Franca Alberobello	Bus GT	<ul style="list-style-type: none"> • Breakfast in hotel • Moving to Martina franca, know for ist baroque architecture and capital the Festival of Valle d' Itria. After seeing the old Towm we move in the countryside for Martina, visit an agricultural farm adopting systems organic farming and breeding of cows Podolica. • The lunch will take place on a farm with products Farm • In tha afternoon transfer to Alberobello, Capital Trulli and Unesco site. Return to hotel and dinner. • Evening at leisure 	Breakfast Lunch Dinner Overnight
4. Giorno Cisternino	Bus GT	<ul style="list-style-type: none"> • Breakfast in hotel • Moving at a farm for the second cookink class. The course includes the preparation oft he lamb to with potatoes and rabbit with vegetables. Lunch will be in the farm, where guest taste the dishes they prepared. • In the afternoon will move to Cisternino and visit a winery with production process and tasting • Return to Hotel and dinner • Evening at leisure 	Breakfast Lunch Dinner Overnight
5. Giorno Grotte di Castellana Polignano a Mare	Bus GT	<ul style="list-style-type: none"> • Breakfast in Hotel • Moving to visit the Caves of Castellana. Then visit and tasting at a cheese factory, with a live show of cheese making. Lunch at leisure In the afternoon visit we vill in Polignano a Mare. The dinner will take place at a local restaurant historical center of Cisternino. Return to Hotel . 	Breakfast Dinner Overnight
6. Giorno	Bus GT	<ul style="list-style-type: none"> • Breakfast in Hotel • Moving at a farm fort he third cooking class. The course includes the preparation the (orecchiette) with meatballs. Or vegetables • Lunch will be in the farm, where guests taste the dishes they prepared. • In the afternoon we travel to Locorotondo. • Return to hotel and dinner. • Evening at leisure 	Breakfast Lunch Dinner Overnight
7. Giorno	Bus GT	<ul style="list-style-type: none"> • Breakfast. • farewell and departure 	Breakfast

The fee includes: accommodation in 3 or 4-star hotels with treatment of 4 full board and 2 half board including drinks; assistance for the duration of the stay and specialized tour guides for excursions; entry to museums where required; tastings of typical local products in the places of production; insurance coverage.

The fee does not include: transfers, tips and all that is not included in the "price includes".

